

# Sujood

**Issue No.1-** A person offering prayers should perform two sajdahs after the Ruku, in each Rak'at of the obligatory as well as Mustahab prayers.

**Issue No.2-** Sajdah means that one should place one's forehead on earth in a special manner. While performing Sajdahs during prayers, it is obligatory that both the palms and the knees, and both the big toes are placed on the ground.

**Issue No.3-** Two Sajdahs together are a "Rukn" (elemental), and if a person omits to perform two Sajdah in one Rak'at of an obligatory prayer, whether intentionally or owing to forgetfulness, or adds two more Sajdahs, his prayers are void.

**Issue No.4-** If a person omits or adds one Sajdah intentionally, his prayers become void. And if he omits or adds one Sajdah forgetfully, the Prayer is not void.

**Issue No.5-** The Zikr of Sajdah is to say **Subhanallah** three times, or **Subhana Rabbiyal -A'la wa bi hamdeh** once. But it is Mustahab that **Subhana Rabbiyal -A'la wa bi hamdeh** should be said three times.

**Issue No.6-** In the Sajdah, the body should be steady, and one should not move or shake oneself purposely.

**Issue No.7-** After the Zikr of the first Sajdah is completed, one should sit till the body is steady, and then perform the second Sajdah.

#### **Things on which Sajdah is allowed**

**Issue No.8-** Sajdah should be performed on earth, and on things which grow from earth (e.g. wood and leaves of trees).

It is not permissible to perform Sajdah on things which are used as food or dress (e.g. wheat, barley and cotton etc.), or on things which are not considered to be parts of the earth (e.g. gold, silver, etc.).

**Issue No.9-** It is allowed to perform Sajdah on limestone and gypsum, and also on baked gypsum, lime, brick and baked earthenware.

**Issue No.10-** It is in order to perform Sajdah on paper, if it is manufactured from allowed sources like wood or grass.

**Issue No.11-** It is Mustahab to perform Sajdah on Turbat of Imam Husayn.

**Issue No.12-** It is Mustahab to say Takbir after the first Sajdah in each Rak'at, and repeat it before the second Sajdah.

**Issue No.13-** It is Mustahab while performing Sajdah, to pray to Allah, and express wishes.

**Issue No.14-** It is Mustahab while standing up after two Sajdahs or Tashahud, to say : **Bi Hawlillahi wa Quwatihi Aqumu wa Aq'oud.**