

Istihaza

Issue No.1- One type of blood which is seen by women after period of Hayz is called istihaza and a woman in that state is called mustahaza.

Issue No.2- Istihaza is usually cold, thin and is emitted without gush and irritation.

Issue No.3- There are three kinds of istihaza:

Little blood (Qalila): If the blood remains on the surface of the wool or pad etc., (placed by a woman on her private part) but does not penetrate into it, the istihaza is called qalila.

Medium blood (Mutawassita): If the blood penetrates into the cotton (or pad etc.), even partially, but does not soak the cloth tied on the outer side, the istihaza is called mutawassita.

Excessive blood (Kathira): If the blood penetrates through the cotton, soaking it and the cloth (etc.) around it, the istihaza is called kathira.

Issue No.4- In the case of little istihaza the woman should perform separate Wudhu for every prayer and should, as a recommended precaution, change the pad.

Issue No.5- In the case of Mutawassita, the woman should make one Ghusl before Fajr prayer everyday for her daily prayers, and she should change the pad and the cloth tied on that.

Issue No.6- In the case of excessive bleeding the woman should do one Ghusl for Fajr prayers, one for Zuhr and Asr prayers and once again for Maghrib and Isha prayers. She should offer Asr prayers immediately after Zuhr prayers and if she allowed any lapse of time between them, she should do Ghusl again for Asr prayers. Similarly if she keeps any time gap between Maghrib and Isha prayers, she should do Ghusl again for Isha prayers.

Issue No.7- The woman in little and medium and Excessive Istihaza must do Wudhu for all prayers, Wajib or Mustahab.

Issue No.8- After the bleeding of a mustahaza woman has stopped, she should follow the rules of istihaza only for the first subsequent prayers which she may offer. For further prayers which follow, the rules of Istihaza would not be necessary.

Issue No.9- If blood does not stop at the time of Ghusl the bath is in order.

Issue No.10- A Mustahaza woman should fast in the month of Ramadhan.

Issue No.11- If a mustahaza woman wishes to offer Qadha prayers she should follow the same rules as are applicable to the prayers offered within time. And she should do Wudhu for every prayer.

Issue No.12- If doing Ghusl is harmful or very difficult for the woman, she can do Tayammum instead of Ghusl.

Issue No.13- The Ghusl for istihaza is like the Ghusl for janabat, and should be performed with the Neyyat of Istihaza.
